**DONYA FAHMY BIO**

**A picture containing human face, person, smile, neck

Description automatically generated**

Donya Fahmy is the Alchemist in Chief for **Sustainable Health Solutions Inc.**, and formulator for **Dropwise Essentials** –her line of aromatherapy and organic plant-based personal care products.

In the field of Natural Health and Wellness for more than 20 years, Donya is a speaker, a #1 Amazon International Best-Selling Author, a Natural Health and Lifestyle Expert, and a **Sustainable Wellness Success Mentor**.

She loves showing smart busy women who want more out of life how to **elevate their health and personal wellbeing** with customized natural solutions, so they can experience and enjoy **their divine right to lasting wellness** as they age.

Donya is the creator of the **Whole Life Detox system** and believes that **natural solutions and plant-based living** are the key to **taking back control of our health** so we can liberate ourselves from the shackles of our “sick care” system and enjoy the freedom and peace of mind that come with **living healthy through self-reliance**.

This is exactly how she healed herself from two decades of multiple chronic health problems -- **successfully** **accomplishing what doctors and traditional medicine couldn’t**.